

## Seniors' Services Advisory Team Meeting Minutes

**Wednesday, October 10<sup>th</sup>, 2007**  
**11:00 a.m. to 1:30 p.m.**

**Present:**

Heather Kibzey	Paula Donylyk	Betty Chambers
Sharon Sidlar	Janet Skinner	Laurie Sherrington
Anita Jean	Sandy Skirten	Paulina Chow
Sonja Habjan	Heather Liscomb	Robert Botham
Kim Morgan	Laurie Macdonald (via teleconference)	

**Regrets:**

Jim Tooke	Carol Neff	Bob Wilson
Andrew Skene		

**LHIN Staff:**

Gwen DuBois-Wing	Karen Ingebrigtsen (Lead)	Kelly Arnold
Laura Kokocinski		

#	Actions/Presentations
1.	Welcome and Introductions: Everyone had the opportunity to introduce themselves and give a brief overview of their interest in the Seniors' Services Advisory Team.
2.	Setting the stage: Laura Kokocinski reviewed an Advisory Team orientation presentation which provided an overview of the NW LHIN, activities and priorities. This presentation is attached.
#	Decisions
3.	Terms of Reference/Principles of Engagement: The Terms of Reference were distributed by email at an earlier date. Moved by Bob Botham, seconded by Laurie Sherrington. Carried. The Principles of Engagement were also distributed by email at an earlier date. Moved by Sonja Habjan, seconded by Sandy Skirten. Carried.

4.	Non-disclosure agreements: The non-disclosure agreements were distributed at an earlier date. Signed, dated and witnessed agreements were collected at the conclusion of the meeting.
5.	<p>Seniors' Services Recent Developments: Karen Ingebrigtsen reviewed recent developments in the area of seniors' services including information on the Centre of Excellence for Integrated Senior Services.</p> <p>Gwen DuBois-Wing provided an overview of recent information on seniors' population projections. It was noted that the population growth projections are substantially less than other parts of the province.</p>
6.	<p>Seniors' Services Aging at Home Strategy:</p> <p>The recently announced Aging at Home Strategy was also reviewed. This strategy is focused on supports for seniors and their caregivers to live healthy and independent lives in their own homes and communities. Examples of innovative Aging at Home Services.</p> <ul style="list-style-type: none"> <li>▪ Drawing from clients/personal/professional experience – what helps people “age at Home”?</li> <li>▪ What barriers get in the way of people who want to remain in their home. How do you/your organization get around these barriers?</li> <li>▪ What are some possible Aging at Home partnerships?</li> </ul> <p>Karen Ingebrigtsen requested the Advisory Team Members to submit their ideas for other relationships that may work. Please send your comments/suggestions to Karen at <a href="mailto:karen.ingebrigtsen@LHINS.on.ca">karen.ingebrigtsen@LHINS.on.ca</a> Ideas to consider for future development were suggested.</p> <ul style="list-style-type: none"> <li>▪ How to guide people to advocate for seniors.</li> <li>▪ A young at heart program would involve young people sharing time with seniors</li> <li>▪ Provide education in the communities surrounding respite care being in place to provide a break for caregivers.</li> </ul> <p>Innovative programs currently in place:</p> <p>Dryden Long Term Care Home has a transportation service providing wheels to meals. Seniors are transported to community kitchens for meals for community interaction.</p> <p>Nipigon: Trips are scheduled to provide transportation to various activities in Thunder Bay.</p>

7.	Future meetings: Karen will propose some dates to everyone for early December. Although videoconferencing and teleconferencing can be made available, it is preferred that everyone meet face to face.
8.	The meeting was adjourned at 1:35 p.m.
<b>Next Seniors' Services Meeting – Information to follow</b>	